

# My plan for constant abiding in Christ:

While I am...

I will....

Preparing for a task

Pray for His help and guidance

Concentrating hard

Remain aware of His presence, give silent prayers

Doing work that doesn't require complete concentration, walking about in my house, or sitting down

Praise Him, pray, or meditate on Scripture

Finishing a task

Praise Him for guidance

Conversing with others

Be aware of His presence, pray silently, make mention of Him.